

UNIT TITLE: Connect Programme
LEVEL: 2
CREDIT VALUE: 2
UNIT CODE: CAG120

This unit has 14 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner should be able to:		The learner can:	
1.	Understand different types of relationships	1.1	Identify which relationships are affected by imprisonment
2.	Understand how imprisonment impacts different relationships	2.1	Describe how imprisonment affects personal relationships emotionally, practically, financially and socially
3.	Understand how to work collaboratively using restorative practice techniques	3.1	Describe different restorative practice techniques e.g., the Restorative with Working 'with' Agreement
4.	Understanding human needs and the effects of separation	4.1	Describe Maslow's Hierarchy of Needs and Bowlby's Theory of Attachment
5.	Understand the Restorative Window concept	5.1	Describe how behaviours are interpreted using the Restorative Window
6.	Understand ways of managing the impact of imprisonment	6.1	Identify ways to reduce the negative impact of imprisonment
7.	Understand the concept of Radical Acceptance	7.1	Describe how Radical Acceptance can be used as a coping mechanism
8.	Understand what is required for effective communication	8.1	Describe different ways of communicating and the role of active listening
9.	Understand what is meant by Empathy	9.1	Describe the role empathy plays in effective communication and maintaining healthy relationships
10.	Have an understanding of Restorative Questioning	10.1	Use restorative questioning to understand situations
11.	Recognise and solve problems	11.1	Use a problem-solving technique
12.	Understand Erikson's Stages of Psychosocial Development	12.1	Describe the different stages of development
13.	Understand how and when to seek Appropriate Support	13.1	Identify personal needs and sources of support

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14. Understand how to develop a Connection Plan	14.1 Agree relationship goals and how to work together to maintain connection
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Unit Specification Part 2 – Assessment Arrangements

Outline of Unit Content	
Induction Session plus 6 x 2.5-hour group work sessions Understanding the impact of imprisonment on relationships How to work collaboratively using restorative practice techniques Understanding Mazlow's Hierarchy of Needs and Attachment Theory Working with the Restorative Window Understanding Communication and Empathy Using Restorative Questioning and Problem-Solving techniques Understanding Erikson's Stages of Development Seeking Support and Planning to stay connected	
Outline of Proposed Learning Activities/Approach to Delivery	
Group Work with up to 12 participants	
Outline of Resources/Bibliography (as appropriate)	
<ul style="list-style-type: none"> • PowerPoint slides • Participant Journal • 'With' Cards • Flip charts produced by the group 	
Assessment Methods/Tasks	Assessment Evidence for each Learning Outcome
Facilitators observation and Progress Record Questionnaire administered pre and post programme	Participant Journal Flip charts produced by the group Participant Feedback Forms

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